DISCOVER OMAN - COMFORT

TRIP AVAILABLE IN	JANUARY -	FEBRUARY	- MARCH	- NOVE	<mark>IBER - I</mark>	DECEMBER
TRIP DURATION	12 Day					
STARING PLACE FINISHING PLACE	Muttrah Muttrah					
DIFFICULTY LEVEL	Level 2 Quite easy tours with easy hikes (no more than 4 hours walking and 300m height difference). These tours might include swimming but no aquatic hike nor canyoning. There is always the option, for the participants who wish it, not to do the walk ; when possible, an					
PRICE PER PERSON						
Number of Guests		3 4	5	6	7	8
Price per person in OMR Price per person in USD		10010803802827	1080 2827	980 2565	920 2408	870 2277
STAFF FOR THE TRIP	from 1 to 4 Guests					
	1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 12 1 Driver from Day 12 to 12 from 5 to 8 Guests					
	1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 12 1 Driver from Day 1 to 12					
TRANSPORTATION	from 1 to 4 Guests					
For transfers mentioned in the program	1 4WD Car from Day 1 to 12 Ferry Day 5 from Shanah to Hilf (Masirah) Ferry Day 7 from Shanah to Hilf (Masirah) from 5 to 8 Guests 2 4WD Car from Day 1 to 12 Ferry Day 5 from Shanah to Hilf (Masirah) Ferry Day 7 from Hilf (Masirah) to Shanah					
PRICES INCLUDE	Transportations mentioned abovePetrolStaff mentioned aboveAll excursions and entrance fees mentioned in the programBreakfast on days					
PRICES DON'T INCLUDE	Personal Expenses Drinks between meals Breakfast on days					
WHAT YOU HAVE TO BRING	Personal first aid Sun protection and insect repellent Sandals Toilet paper Light clothes Warmer clothes (jacket and trousers) Hiking boots and socks Walking sticks (optional : it can help you on some itineraries) Hiking bag (20-30L) Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks)					

ADVICE FOR TREKKERS Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.

ADVICE ABOUT THE GOOD WAY OF CLOTHING Oman is a muslim country in which islam is strict but very open-mined and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a tshirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towell to change your clothes, since nudity is not admitted... tatoos should also be covered.

> AL MAALAM TOURS - المعلم لتنظيم الرحلات سياحية NIZWA - SULTANATE OF OMAN www.omantrekkingguides.com